Regenerative farming. Cultivating sustainability in land, lives and livelihoods.

Agriculture in harmony with nature
10th December 2021, Belarus
Hannah Thorogood, The Inkpot Farm
The Inkpot
Organic Farm, Permaculture Demonstration Centre

Hannah Thorogood, MSc,
Farmer, Teacher, Senior Tutor,
Parent to teenagers
Sustainability in Land

Earth care

• Organic
• Permaculture
• Regenerative Agriculture,
• Composting, Mulching,
• Solar energy,
• Seed saving,
• Biodiversity....
Sustainability in Lives

People care

- Purpose
- Connection – nature, people, place
- Peace, tranquility
- Acceptance, Freedom
- Safe & wild
- Education
- Empowerment
- Value...
Sustainability in Livelihoods

Fair Share

- Poly income
- Meeting needs
- Fair prices for all
- Volunteer value
- Paying it forward
- Shared Enterprises
- Access to resources
More from the Inkpot?

- [www.the-inkpot.com](http://www.the-inkpot.com)
- Facebook – Inkpotpermaculture
- Instagram & Twitter – Inkpotfarm
- Youtube - Inkpotfarm